

DO YOU HAVE DIARRHEA?

Diarrhea (Diy-uh-REE-uh) is when you have to poop a lot and your poop comes out runny! People and other animals get diarrhea. You can do some easy things to keep yourself from getting diarrhea.

In this game, you'll learn about some germs that cause diarrhea in people and their animals, some ways you can get diarrhea, and easy ways you can protect yourself and your animals from getting diarrhea.



DO YOU HAVE DIARRHEA?

Do You Have Diarrhea? was developed by a veterinarian, Dr. Sandy San Miguel, to help kids learn about how to prevent diarrhea from spreading between people and their animals.

Illustrations by: CA Nobens

Designed by: Allison Carey

We hope that you enjoy playing!

More fun can be found in the SuperPower shop at:

WWW.VETAHUMANZ.ORG

Card Instructions

There are 3 types of playing cards in this game:

Golden Diarrhea cards:

Collect 3 Golden Diarrhea cards showing a Golden Retriever and a chest of golden diarrhea to win.

Regular Diarrhea cards:

Diarrhea cards show how people and animals can get diarrhea.

Protection cards:

Protection cards show things you can do so you don't get diarrhea.

Rules

1. You can play with just the main deck of cards (brown backs), or for extra fun, combine the main deck with the expansion pack (green backs).
2. Each player gets 5 playing cards and 1 instruction card, to start.
3. Stack the rest of the cards face down in the center.
4. Players take turns (see your instruction card).
5. The first player to collect 3 Golden Diarrhea cards wins!
6. If you run out of cards and no one has gotten 3 Golden Diarrhea cards, the player with the most pairs of Diarrhea cards wins!

Player Instructions

It's your turn, pick one play:

1. If you have 3 Golden Diarrhea cards, you can put them on the table and say, "I win!"
2. If you have a matching pair, read the card, and put the pair in front of you. You can pick one new card. Then, it's the next person's turn.
3. Ask one other player for a Diarrhea card, for example, "Fred, do you have diarrhea?"

If another player asks you if you have diarrhea:

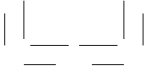
1. **If you don't have any Regular or Golden Diarrhea cards:**
Say "No". Then pick a new card. Then it's the next player's turn.
2. **If you have a Protection card:**
Read your Protection card, put your Protection card in the discard pile, and pick a new card. Then, it's the next player's turn.
3. **If you have a Diarrhea card, but you don't have a Protection card:**
Give them one of your Diarrhea cards. Pick a new card. Then, it's the next player's turn.



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**GOLDEN
DIARRHEA**



**GOLDEN
DIARRHEA**



**GOLDEN
DIARRHEA**



**GOLDEN
DIARRHEA**



**GOLDEN
DIARRHEA**



You were eating at the zoo
and let the sheep have some, too!

Then you got
DIARRHEA!



You were eating at the zoo
and let the sheep have some, too!

Then you got
DIARRHEA!



You were drinking at the zoo
and let the calf have some, too!

Then you got
DIARRHEA!



You were drinking at the zoo
and let the calf have some, too!

Then you got
DIARRHEA!



A sick puppy in your space,
jumps up and licks your face!

Then you got
DIARRHEA!



A sick puppy in your space,
jumps up and licks your face!

Then you got
DIARRHEA!



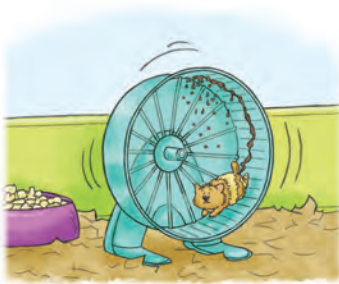
You cleaned the litter pan,
but forgot to wash your hands!

Then you got
DIARRHEA!



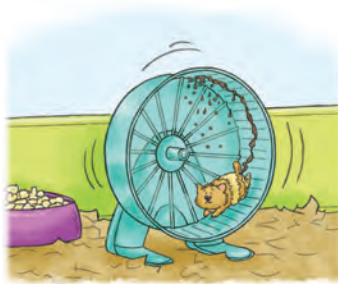
You cleaned the litter pan,
but forgot to wash your hands!

Then you got
DIARRHEA!



The cage was full of poo,
and your hands got sticky, too!

Then you got
DIARRHEA!



The cage was full of poo,
and your hands got sticky, too!

Then you got
DIARRHEA!



The stall was full of poo,
and your clothes got dirty, too!

Then you got
DIARRHEA!



The stall was full of poo,
and your clothes got dirty, too!

Then you got
DIARRHEA!



You were playing with the goose,
and now your poop is kind of loose!

Then you got
DIARRHEA!



You were playing with the goose,
and now your poop is kind of loose!

Then you got
DIARRHEA!



You were playing with the snakes,
and now your belly kind of aches!

Then you got
DIARRHEA!



You were playing with the snakes,
and now your belly kind of aches!

Then you got
DIARRHEA!



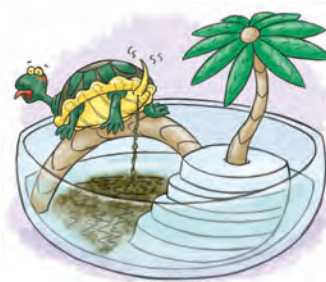
You kissed the frog where it was sticky,
and now you're feeling kind of icky!

Then you got
DIARRHEA!



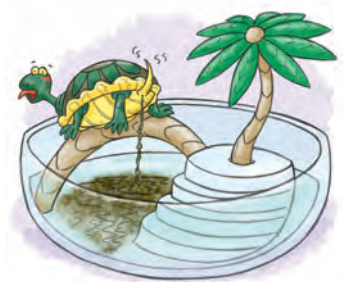
You kissed the frog where it was sticky,
and now you're feeling kind of icky!

Then you got
DIARRHEA!



You put the turtle in your mouth,
and now things are going south!

Then you got
DIARRHEA!



You put the turtle in your mouth,
and now things are going south!

Then you got
DIARRHEA!



You wish you hadn't kissed her,
and now you're feeling sicker!

Then you got
DIARRHEA!



You wish you hadn't kissed her,
and now you're feeling sicker!

Then you got
DIARRHEA!



No one likes the view,
when number two gets on your shoe!

Because the goat had
DIARRHEA!



No one likes the view,
when number two gets on your shoe!

Because the goat had
DIARRHEA!



Piglet got a little squirty,
and your clothes got a little dirty!

Then you got
DIARRHEA!



Piglet got a little squirty,
and your clothes got a little dirty!

Then you got
DIARRHEA!



You stepped in poo at the zoo,
and then you touched your shoe!

Then you got
DIARRHEA!



You stepped in poo at the zoo,
and then you touched your shoe!

Then you got
DIARRHEA!



The pup looked kind of iffy,
and now your shirt is kind of drippy!

Then you got
DIARRHEA!



The pup looked kind of iffy,
and now your shirt is kind of drippy!

Then you got
DIARRHEA!



The chick you held was droopy,
and now your pants are poopy!

Then you got
DIARRHEA!



The chick you held was droopy,
and now your pants are poopy!

Then you got
DIARRHEA!



You touched the puppy's tongue,
and then you sucked your thumb!

Then you got
DIARRHEA!



You touched the puppy's tongue,
and then you sucked your thumb!

Then you got
DIARRHEA!



PROTECTED!

You soaped, scrubbed, and dried —
no place those germs can hide!

PROTECTED!



You pet animals at the zoo, then wash your hands and face good, too!

PROTECTED!



The poo got on your jeans, but now your clothes are super clean!

PROTECTED!



You clean the litter pans, and then you wash your hands!

PROTECTED!



To keep things from going south, you keep reptiles out of your mouth!

PROTECTED!



You give a dog a treat, and then wash your hands before you eat!

PROTECTED!



When you step in number twos, you always clean your shoes!

PROTECTED!



When your pet is feeling sick,
a vet visit does the trick!

PROTECTED!



After playing at the zoo,
you take a bath and change clothes, too!

PROTECTED!



You clean the cage and then your hands,
those germs don't stand a chance!

GOLDEN DIARRHEA



GOLDEN DIARRHEA



Giardia (Gee-Arr-Dee-Uh)



Even though the smile's bright,
remember it's a parasite.

Giardia causes
DIARRHEA!

Giardia
(Gee-Arr-Dee-Uh)



Even though the smile's bright,
remember it's a parasite.

Giardia causes
DIARRHEA!

Campylobacter
(Cam-Pee-Low-Back-Terr)



Nothing's tasting yummy,
when your tummy's feeling crummy.

Campylobacter causes
DIARRHEA!

Campylobacter
(Cam-Pee-Low-Back-Terr)



Nothing's tasting yummy,
when your tummy's feeling crummy.

Campylobacter causes
DIARRHEA!

Salmonella
(Sall-Mo-Nell-Uh)



It's not really funny,
when everything gets runny.

Salmonella causes
DIARRHEA!

Salmonella
(Sall-Mo-Nell-Uh)



It's not really funny,
when everything gets runny.

Salmonella causes
DIARRHEA!

E. coli
(Eee-Kol-Eye)



Sometimes your belly hurts,
when you get the squirts.

E. coli causes
DIARRHEA!

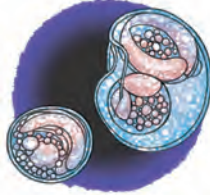
E. coli
(Eee-Kol-Eye)



Sometimes your belly hurts,
when you get the squirts.

E. coli causes
DIARRHEA!

Cryptosporidia
(Krip-Tow-Spore-Id-Ee-Uh)



Everything gets smelly,
when this germ gets in your belly.

Cryptosporidia causes
DIARRHEA!

Cryptosporidia
(Krip-Tow-Spore-Id-Ee-Uh)



Everything gets smelly,
when this germ gets in your belly.

Cryptosporidia causes
DIARRHEA!

Rotavirus
(Row-Tuh-Vy-Russ)



It doesn't smell like flowers,
when you get the scours.

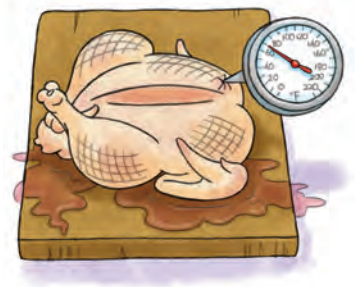
Rotavirus causes
DIARRHEA!

Rotavirus
(Row-Tuh-Vy-Russ)



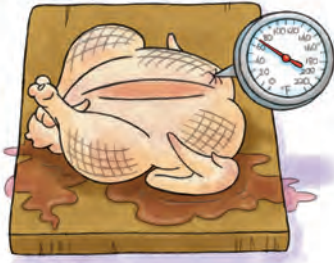
It doesn't smell like flowers,
when you get the scours.

Rotavirus causes
DIARRHEA!



It wasn't cooked all the way,
but you ate it anyway!

Then you got
DIARRHEA!



It wasn't cooked all the way,
but you ate it anyway!

Then you got
DIARRHEA!



That burger wasn't done,
but you ate it with a bun!

Then you got
DIARRHEA!



That burger wasn't done,
but you ate it with a bun!

Then you got
DIARRHEA!



The milk wasn't pasteurized,
but you drank it with your fries!

Then you got
DIARRHEA!



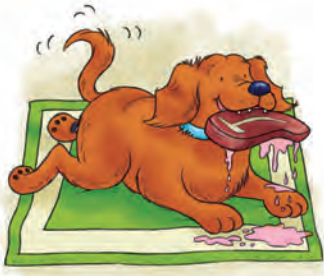
The milk wasn't pasteurized,
but you drank it with your fries!

Then you got
DIARRHEA!



You gave your dog raw meat, but
raw meat's not what dogs should eat!

Then you got
DIARRHEA!



You gave your dog raw meat, but raw meat's not what dogs should eat!

Then you got
DIARRHEA!



The veggies you were licking were sitting on raw chicken!

Then you got
DIARRHEA!



The veggies you were licking were sitting on raw chicken!

Then you got
DIARRHEA!

PROTECTED!



Washing hands is a winner, before you eat your dinner!

PROTECTED!



Your burger isn't red, so all the germs are dead!

PROTECTED!



Your milk is pasteurized, so all the germs have died!

PROTECTED!



Clean water's what you drink,
from a bottle or the sink!