# SHIPPING DIAGNOSTIC SPECIMENS

#### IN EXTREME HEAT

GOAL: Prevent overheating that may destroy or decrease the diagnostic quality of the sample

#### THREE ITEMS TO CONSIDER:







TIME

**TEMPERATURE** 

## **EXPOSURE**



### **TIME**

- 1. Ship overnight
- Prolonged delivery times keep samples in the hot environment longer
- Do not ship over the weekend or holidays



# **TEMPERATURE**

- Pack cold packs and absorbent material on the bottom of the insulated shipper to collect moisture
  - Can also place cold packs in a sealed plastic bag
  - Wrap the cold packs so that as they melt any moisture is absorbed
- Cold packs should not be enclosed in the same bag as samples
- 3. Shipping container should be leak proof
  - Using only cardboard results in weakened boxes that may tear
- Paperwork should be packaged separately from samples in a leak proof plastic bag to keep dry and clean



#### **EXPOSURE**

- Provide protection to the samples by layering
- Use an insulated shipping container – cardboard box with Styrofoam box inside
- Fill dead space in the box with bulk material to provide additional insulation
- 4. Keep the samples centered in the box to avoid the warmer sides

